



TOWN OF WATERTOWN  
**Council on Aging**  
**SENIOR CENTER**

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Caryl Leslie Fox  
Director of Senior Services

Patricia Gold, *Chairperson*

## Minutes of C.O.A. Board Meeting – April 13, 2011

Members present: Pat Gold, Mary Keenan, Dottie Fleming, Will Twombly, and Mike Donham.  
Members Excused Absence: Hagop Sarkissian and Jane Stadolnik.  
Staff members present: Caryl Fox, Kathleen Wolf, and Debbie Dunn.

The meeting was called to order by Chairperson Pat Gold at 5:30 pm.

1. The minutes of the previous meeting were reviewed by Board members. Mike Donham made a motion to accept the minutes and Will Twombly seconded. Passed.

2. Financial Statements:

Caryl Fox explained that the Town Manager approved her request of transfers of one thousand dollars to the Electricity line item from the Gas line item, and eight hundred dollars to Emergency Assistance from Building Maintenance. This was done so that all line items would be adequately funded through the fiscal year. Both the COA and the Food Pantry were awarded money by the Watertown Savings Bank Customer Choice awards.

3. Mellowtones Update:

We now have a new Mellowtones leader. Genevieve Martin has been a member of the group and has filled in to facilitate the activity many times. The interim person that we used for the fall and holiday parties didn't work out. The Mellowtones are very pleased that they are working with someone they really like and respect. The Friends funding for the Mellowtones leader is important in keeping this group continuing.

4. SHINE Update:

The SHINE counselor who helps people with medical insurance questions and problems on Tuesday mornings continues to do an excellent job. The SHINE coordinator is making a second volunteer available to the Senior Center to work with the expected increase in people seeking assistance during the open enrollment period in the fall. She will also help with the increase in people turning sixty-five who look for help from the SHINE program.

5. The Economy and Watertown Seniors:

Watertown seniors continue to make do with less as cost of food, medication, and gas goes up while their monthly income does not. During these difficult financial times, the Senior Center is

seen by many as a place to come to converse with friends and to focus on positive activities.

6. Yard Sale:

The annual yard sale for the benefit of the Senior Center Revolving Fund will be on Saturday, May 7, 2011. This event brings seniors together to work for the benefit of the Center, and also services to showcase the Center to the community. This year we are concerned about the physical labor since our regular helpers are no longer available. Suggestions from Board members included contacting churches, schools, and Eagle and Boy Scout groups. The alternative high school helps us with set-up and we are looking for more assistance for clean-up.

7. Handicapped Placards:

It was noted that many people keep their placards up all of the time instead of only placing them on the rear-view mirror when they are parking in a handicapped space.

8. New Members:

Several individuals have told Caryl Fox that they would be interested in applying to be Board members when the Town Manager asks for new members later this spring.

9. The meeting was adjourned at 6:50 p.m.

Submitted by Caryl Leslie Fox