



# Watertown Council on Aging

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PATRICIA GOLD, *Chairperson*  
MARIE MORELLO, *Vice-Chairperson*

CARYL LESLIE FOX  
*Director of Senior Services*

## Minutes of C.O.A. Board Meeting – September 9, 2009

Present: Pat Gold, Dottie Fleming, Betty Finnell, Mary Keenan, Jane Stadolnik, Hagop Sarkissian, and Will Twombly.

Members Excused Absence: Mike Donham and Marie Morello.

1. The meeting was called to order at 5:30.
2. The minutes of the previous meeting were read by Board members. A correction was noted. Mary Keenan made a motion to approve the minutes as corrected and Betty Finnell seconded. Passed.
3. Financial Statements:  
Board members reviewed the financial statements for July and August. Caryl Fox noted that there had not been a lot of activity as it is still early in the fiscal year.
4. Correspondence:
  - a. A thank-you note was received for the June trip.
  - b. A knitter sent a card thanking us for her volunteer gift.
  - c. A note of appreciation was received from the grand-daughter of a new shopping bus rider.
  - d. An e-mail was received thanking the department for a cab to and from a medical appointment.
  - e. New EOEI Director, Ann Hartstein, sent out a memo of appreciation of the work of senior centers.
  - f. Brochures are available at the Senior Center for the newest food Stamp application process for seniors.
  - g. Pamphlets from AARP concerning prescription coverage and the "donut hole" are at the Center.
5. Staff Reports:  
Caryl Fox highlighted the three staff reports. Ms. Fox submitted the FY '10 EOEI Formula Grant application and the EOEI Annual Report. Insulation was installed in the building in July. It should help the Senior Center to be more energy efficient. Lectures this summer included State Representative Jon Hecht, assertiveness training, and financial planning. The flu shot schedule is being finalized. Will Twombly suggested a lecture on falls prevention.
6. Old Business:
  - a. Springwell Update:  
Springwell has a draft version of their required three year plan and will have a public meeting in September. The statistics for Watertown usage of Springwell services is included in

the Board member packets. The agency has once again implemented a managed intake program due to state budget cuts. Those who are most in need receive help right away.

7. New Business:

a. Fall Schedule:

Caryl Fox discussed the events and programs scheduled for the months of September, October, and November. There will be some new offerings, including Meditation classes.

b. Status of HINI Flu and Seniors:

The current information does not have scheduled dates for seniors to receive HINI shots, although that could change. Data seems to show that children are most vulnerable. The regular seasonal flu shots, as well as pneumonia shots will be available at the Senior Center October 14<sup>th</sup>, November 9<sup>th</sup>, and December 9<sup>th</sup>, from 9 to 11 AM.

c. Faire in the Square:

This year, the event will take place on Saturday, September 26, 2009 from 10 AM to 4 PM. Board members volunteered to be at our table for various shifts. Kathleen Wolf will prepare materials and set-up the table before the Faire begins.

8. The meeting was adjourned at 6:25 p.m.

Submitted by Caryl Leslie Fox